

# Together, We Are Upper Ottawa Valley Medical Group

## Petawawa Centennial Family Health Centre

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## Pembroke Family Medicine Teaching Unit

Pembroke Regional Hospital  
Dr. Richard Johnson  
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613.732.3422



## West Champlain Family Health Team

Dr. Colin McPherson  
613.735.1089 • www.wcfht.ca



## Whitewater Bromley Community Health Centre

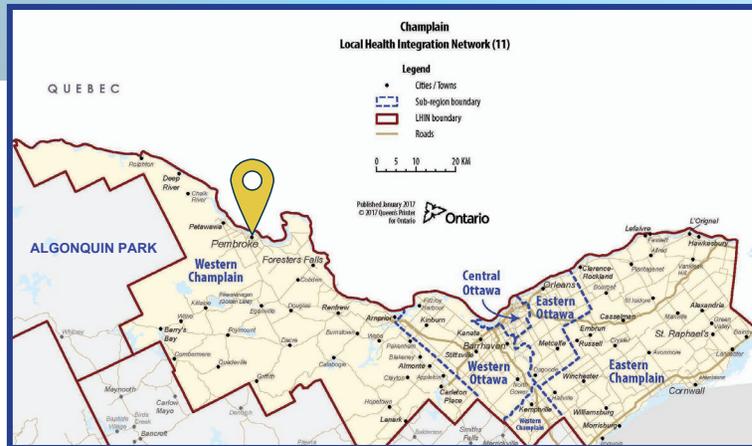
Brenda Powers-Ross, Director  
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613.582.3785 ext. 1241 • www.wbchc.on.ca



## Recruiting Primary Care Physicians

Situated on the beautiful Ottawa River, minutes to Algonquin Park, very close to urban Ottawa and the most friendly people you'll ever meet.

For more information about practice opportunities please contact:  
**UOV Medical Group Physician Recruiter Debbie Robinson,**  
Phone: 613.639.6104; email [deborah.robinson@pemreghos.org](mailto:deborah.robinson@pemreghos.org)



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# Join Our Team!

## Upper Ottawa Valley Medical Group



## Petawawa Centennial Family Health Centre

*"I have lived and worked as a Family Doctor in Petawawa for the past 12 years. Here are a few reasons why Petawawa has been an excellent fit for me and for my family."*

– Dr. Declan Rowan, Lead Physician



We have a very supportive multidisciplinary team with five Family Doctors, four Nurse Practitioners, RPNs, a Social Worker, a Dietitian, and a Pharmacist. We use OSCAR EMR. We all work hard serving our patients. We develop initiatives with our QI groups and small group learning. We also ensure that there is cross coverage for our vacations. We are closely connected to the Pembroke Regional Hospital with excellent access to Diagnostic Imaging, including CT/MRI and a broad range of local specialists that we are able to get to know personally.

As a Blended Salary Model Family Health Team, I never have to worry about overhead. Our Executive Director looks after the business side of the clinic so I can concentrate on the clinical side, 2 weeks paid CME leave and 4 weeks paid vacation per year.

With rich military connections, Petawawa is not your traditional rural area. It boasts amazing facilities especially the gym which has two pools, an indoor track, basketball courts, squash courts, weights, cardio rooms, and a climbing wall. Let's not forget kayaking, tennis, golf, hiking, fishing, camping, Algonquin Park and walking trails. I have 3 young children who very conveniently attend school right beside the clinic. Their child care is also attached to the school. The care and education provided is excellent.

For more information contact me, Dr. Declan Rowan, Lead Physician  
Declan.Rowan@pcfhc.ca or call 613-687-7641.

## Pembroke Family Medicine Teaching Unit

The Pembroke Family Medicine Teaching Unit (PFMTU) is a six-physician FHO attached to Pembroke Regional Hospital. We provide comprehensive primary care for approximately 7000 patients. We are a teaching unit affiliated with the University of Ottawa and take three family medicine residents a year who do their full training in Pembroke. We also supervise medical students and residents doing their rural electives.



Our clinic is run by physicians, allowing us all to have an equal voice when making decisions. We share all expenses and staff in our supportive environment, keeping the overhead as reasonable as possible. Thanks to our dedicated and hard-working employees to whom we can delegate tasks, we reserve more time for face-to-face quality patient care. We are currently seeking locums to cover vacation time, with the possibility of transitioning to full time positions.

Pembroke is the largest city in the Ottawa Valley, boasting all the necessary amenities, as well as countless activities for the nature and water lover. With our Regional Hospital, our patients can receive most necessary treatments without leaving the area. Pembroke truly is a wonderful area in which to work, live and play!

Dr. Richard Johnson: richard.johnson@medportal.ca or call 613.732.3422.

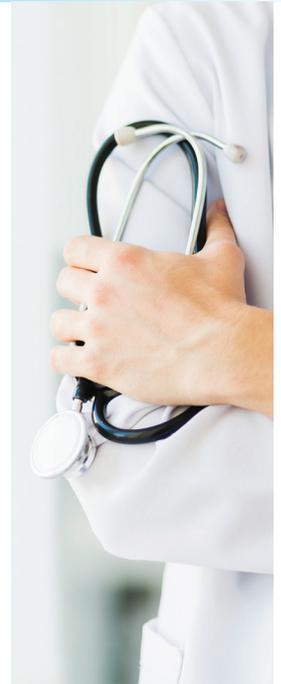
## West Champlain Family Health Team

Our FHO is a team of seven family physicians working together in a modern, newly renovated space. We are located in the heart of the City of Pembroke in close proximity to the Pembroke Regional Hospital (PRH). Working with our team allows you the opportunity and flexibility to build a family practice tailored to your interests. For example, we have team members who have a family practice focused on obstetrics and deliveries while others have their practice and work in anesthesia or the ER at PRH. Our office uses Practice Solutions EMR, which allows for connectivity between practices.

Working with our FHO means you have the support of the West Champlain Family Health Team. The interdisciplinary group includes two nurse practitioners, two counsellors, a dietitian, a chiroprapist, respiratory therapist, chronic disease nurses and support from a physiotherapist. This team focuses on providing our patients with a wide range of chronic disease management, disease prevention and health promotion programs.

Located along the shores of the Ottawa River and next door to Algonquin Park the area offers a range of four season activities. With a minimal commute to work you will have more time to enjoy what the area has to offer including canoeing, kayaking, hiking, skiing and snowshoeing just to name a few. Working and living in Pembroke for over 25 years has been truly been a wonderful experience.

For more information contact Dr. Colin Macpherson at  
recruitment@westchamplainfht.com or 613-735-1089



## Whitewater Bromley Community Health Centre

Think of your own health... Do you want the benefits of rural life with none of the headaches of private practice?

Consider joining our group of hard-working, health-care providers, professionals and support staff who enjoy their working life in a rural community setting. You would work as a team member with family physicians, nurse practitioners, nurses, psychotherapists, respiratory therapist, dietitian, health promotion team and a comprehensive array of support staff.

As a part of a multi-disciplinary team, physicians provide primary care to clients from newborns to seniors in the catchment area. Physicians provide consultation to nurse practitioners and nurses and participate in team meetings with the primary care providers. We believe that participation in planning, developing and evaluating health services is essential for health promotion and client education. Hospital privileges are not required. Opportunity to provide home visits and palliative care visits are also possible.

For more information, contact Brenda Powers-Ross, Director at [bpowers-ross@wbchc.on.ca](mailto:bpowers-ross@wbchc.on.ca) or 613-582-3785 ext. 1241 or visit our website at [www.wbchc.on.ca](http://www.wbchc.on.ca)

