

Today's Take-Aways

Provincial Updates

- There are currently 40 COVID positive patients in ICUs province-wide, five of those are within our region. The first paediatric patient requiring hospitalization in Ontario is at CHEO.
- Ontario Health continues to explore the viability of reprocessing N95 masks.

Regional Updates

- With higher demand for paediatric swabbing anticipated as schools open up, processes are being put in place by Public Health and EMS with training from CHEO to look at doing in-house swabbing where possible. CHEO is also creating a training video which will be available to hospitals for those circumstances where paediatric swabbing needs to be done in the ED.

Human Resources

- Unless different direction is received from the province, Pandemic Pay for the first two reporting periods will be issued to eligible staff on August 21st.
- PRH staff are no longer deployed to Riverview Heights, however an agreement remains in place which enables them to request assistance as required.
- Environmental Services is increasing staffing to address the need for additional and more frequent cleanings in waiting rooms and other high traffic areas.

Clinical News

- To ensure that we're following a consistent and regional approach to PPE, universal eye protection is being rolled out in our Ambulatory Clinics. This change is also being prompted by the cases we are now seeing within our community and the increased prevalence of COVID-19 within the Ottawa area.
- An organization-wide assessment of waiting areas is ongoing in order to determine how to safely distance those waiting in existing space. This includes looking at ways to modify the current furniture configurations as well as exploring options for new furnishings that may have a smaller footprint. Together with other hospitals, we are exploring innovative alternatives to traditional waiting rooms.
- At PRH and regionally, patient day passes have not yet been reintroduced. Instead, where possible, outdoor visits with family members are being arranged.
- Our clinical services continue to ramp up. Here are the latest developments:

Diagnostic Imaging – The department has reached approximately 85% capacity and is likely to maintain this volume for a while.

Ambulatory Clinics – This area of service has also reached approximately 85% capacity and is also expected to level off at this volume for the foreseeable future.

Today's Take Aways...Continued From Front

Emergency Department - While the overall number of visits has been a bit lower than usual, the number of patients requiring admission is increasing.

OR/Surgical – Only two ORs are in service this week and next week as part of a planned summer slowdown.

AMH – Form 1 hospitals have resumed admission of voluntary patients which is expected to take some pressure off our inpatient unit.

Medical – Bed occupancy by ALC patients continues to be an issue throughout the region. Due to a high volume of patients being swab tested for COVID, the west wing on 2A has been redesignated as a COVID unit.

• A number of areas including Zone B, parts of Diagnostic Imaging, parts of Outpatient Rehab, and the Cardiac corridor have been impacted by flooding as a result of rain water sitting on the Rehab deck/roof that is being reconstructed.

Food Services

• Upcoming Lunch Box specials:

Friday (August 7): Cinnamon Blueberry Baked French Toast

Tuesday (August 11): Pulled Pork with a side of coleslaw

Wednesday (August 12): feature wrap is Cajun Chicken

Renfrew County Virtual Triage and Assessment Centre

• VTAC currently has operational funding in place until the end of September. The province is reviewing its delivery model to determine how and if this will continue.



PEMBROKE REGIONAL AUXILIARY GIFT SHOP ANNOUNCES ITS

SUMMER 2020 SALES

50 % OFF REGULAR PRICES

JULY 6TH TO JULY 19TH

SHOES, SCARVES & HATS

JULY 20TH TO AUGUST 2ND

BABY, GIFTWARE & JEWELLERY

AUGUST 4TH TO AUGUST 16TH

CLOTHING, PURSES & SLEEPWEAR

AUGUST 17TH TO AUGUST 31ST

ALL STORE MERCHANDISE

Go the Social Distance for Mental Health

Tour de BONNECHERE

GHOST TOUR 2020

ABOUT:

Due to the pandemic the Tour de Bonnechere is going ghost for 2020. Here is how it works:

- * Register and pick your route OR make a route of your own
- * Ride your route anytime from the time you register through August 30th.
- * Ride safe and follow all social distancing guidelines
- * Post pictures, comments and other details about your ride on our Facebook Group

RIDE OPTIONS:

20 K CAVE COASTER
50 K GRAVEL GRINDER
65 K BONNECHERE BEAUTY
100 K MONARCH of the MOUNTAIN
or MAKE YOUR OWN ROUTE

Register by August 7th and receive:

Dry Fit Sport T-Shirt
Official Tour Buff / Mask
An invite to our awesome Virtual Celebration Aug. 30th

The good feeling of supporting mental health at a time when it is really needed

Register at: tourdebonnechere.blogspot.ca

VIRTUAL VACATION

Bulletin Update

*Having someone help you doesn't mean you failed.
It just means you're not alone - Anonymous*

Sometimes, despite our best efforts to follow healthy habits, we need help. Life is not a journey we take alone, nor is wellness. And sometimes we need professional help and clinical intervention.

Asking for help is always okay- you're making empowered decisions and getting the right support for you. Seeking help is often the **first step towards getting and staying well**. It is common to feel unsure and it can be hard to know where to start.

Consider taking action if you are experiencing some of the following:

Worrying more than usual, finding it hard to enjoy life, having thoughts and feelings that are difficult to cope with that are having an impact on your daily life, are interested in finding more support or treatment.

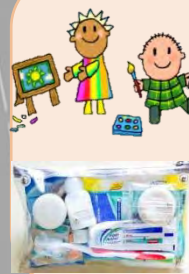
Working with **professionals takes the burden off ourselves** to solve our problems alone. With clinical supports, we benefit from the wisdom and training of others.

Last Call... FRIDAY!

Giving to our Community

July 15- August 7

We have been collecting items for the **Young Parents Support Program at Columbus House**.



We are **looking to collect items** for their **welcome & wellness package**: books and toys for infants and toddlers ; masks, hand sanitizer, and self care products for the parents. Items must be brand new and in original packaging. *Cash donations will not be accepted*. Collection boxes found throughout the hospital & CareFor.

Following Fern July 6- August 28

Last week Fern travelled **389 Km!** *Cumulative: 1718km*

Crossing Canada,
we're visiting
Turtle River Prov. Park, ON!

'Clock-in' all of your travelling
distances as you enjoy
any type of physical activity.

FRIDAYS Submit your Km's on The Loop or
celebration&recognition@prh.email

Angling Lake/ Wapekeka Airport- fishing & canoeing

Vermilion Bay,
ON

Digby, NS

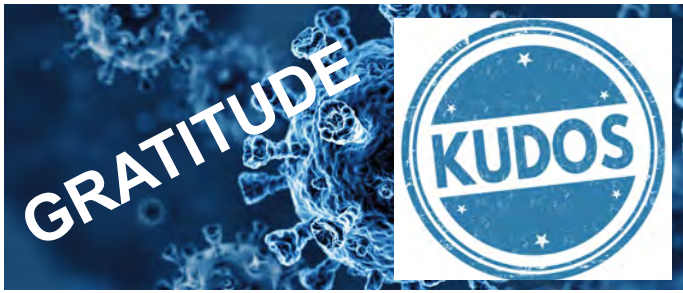
Atlantic City, NJ- Shelter in place!
only 339 kms to Bermuda!

STARTING NOW!

Remember, our Door
Decorating activity
starts today-
Open a door on a
virtual vacation-
decorate your door or
office space on a
travel theme.
Bring us along on your
travels, and keep
things decorated until
August 30th.



Mental Health Services of Renfrew County is a local resource for adults 16 years and older.
All interaction is confidential. Book a phone assessment today (613) 732-8770, extension 8006.



Maintenance and IT staff are being celebrated for assisting with this week's flooding in Tower B outpatient areas.

Your **Maintenance team** did a fantastic job constructing and installing the new and improved Plexiglass shield in the parking office.

Thanks to **Leah Bombicino and Briar Cookson (Medical)** who brought forward their observations and challenges and made excellent suggestions on how to improve our support for patients, family and caregivers.

Thanks to **Karen, Kelly and Kirsten (Medical)** for encouraging the use of the new Goals of Care document which led to some very valuable conversations with patients and families.

July 6 - Thanks to **Tefani Laurin** for dealing so well with the CT going down on the weekend. You handled yourself amazingly and thanks for your hard work to ensure everything was ready to go on Monday. Thanks to **all the DI techs** who pitched in to support our patients when the CT was down. *Joey*

June 25 - Thanks to **Lucy in CT** who recognized one of our patients had been booked for the wrong test and saved her travelling from Bowmanville. The patient was extremely grateful!

July 15 - Thanks to Matt Savage for helping physio and walking a patient. They really appreciated it.

DI Kudos - Congratulations to **Melissa McGraw** for completing her CAMRT Mammo course, **Kiera Whitelock and Stephanie Kutschke** who both completed their CAMRT CT3 course, and **Morgan Coulas** for passing her MRI licencing exam.

Thanks to **Lucy and Laura (DI)** for the excellent job you are doing with the CT booking. I know you made 200 calls to book our patients for the extra weekends and it has not gone unnoticed. You are both fantastic at your jobs and fantastic to work with. *Joey*



**PRH STAFF ASSOCIATION
BLUEBERRY TREAT DAY
AUGUST 6th
Distribution in the Lunch Box
11:30 a.m. to 1 p.m. and
3:30-4:30 p.m.**

Clinical Director Appointment

As a result of recent restructuring efforts, Clinical Director Medicine, Rehabilitation, Ambulatory Programs and Food Services, Beth Brownlee, has been appointed to Clinical Director, Surgical and Medical Program. Her portfolio will include: OB MDR, Medical and Patient Flow.

To complete the restructuring efforts, the hospital will be posting for the following positions:

Clinical Director, Diagnostic Imaging, ED/ICU

Clinical Director, Rehabilitation Program, Ambulatory Clinics, inclusive of the following portfolio: Rehabilitation, Vascular Health, Stroke, Clinical Education/IPAC, and Food Services.

Thank you for your continued support as we work to fill the above Clinical Director vacancies in the near term. We will update you once the process has concluded.

DI Director Moving To QCH

Jim Lumsden, Director of Diagnostic Imaging, has accepted a new role as DI Director at the Queensway-Carleton Hospital. Jim's last day of work at PRH will be September 18th.

Jim has been a tremendous addition to the PRH team since his start with the hospital in early 2016. Jim's leadership with the Diagnostic Imaging department, as well as other areas of the hospital, such as EORLA liaison and the JOHSC has been impactful. Jim's positive attitude and approach will be missed amongst the team.

Current Facts and Figures

- **PRH** - 0 COVID positive patients
- **Renfrew County:**
 - 2 active COVID cases
 - 1 death
 - 18,791 tests completed
 - For more detail visit www.rcdhu.com.
- **Ontario:**
 - 3,967 active COVID cases
 - 2,782 deaths
 - 2,295,118 tests completed
 - For more detail visit www.ontario.ca.