

Pembroke Regional Hospital

MEMO

To: All Staff
From: Kim Haley, Manager, Patient Information Centre
Date: October 17, 2025
Subject: Rotating Strike Action at Canada Post - Update

Members of the Canadian Union of Postal Workers (CUPW) are in a legal Strike Position effective 25 September, disrupting the normal Canada Post Corporation (CPC) mail system within Canada.

Canada Post has now entered a phase of rotating strike action. These strikes are localized and change daily, affecting mail delivery and pickup in specific regions without prior notice.

What This Means:

- a) Mail and parcel delivery may be delayed in affected areas.
- b) Service guarantees are suspended nationwide.
- c) Some locations may experience full work stoppages, while others continue operating normally.

Recommended Actions for Hospital Staff:

- a) Avoid sending time-sensitive documents via regular mail until further notice.
- b) Use courier services (e.g., Purolator, FedEx, or hospital-approved vendors) for urgent or confidential materials.
- c) Hold non-urgent outgoing mail until strike activity subsides or is confirmed to not affect our region.
- d) Check Canada Post's updates daily at canadapost.ca/negotiations for current strike locations.
- e) Notify recipients of potential delays if mail has already been sent.

We will continue to monitor the situation and provide updates as needed. Please direct any questions or concerns to the Release of Information Office.

Thank you for your cooperation and diligence.