



Today's Take-Aways

Emergency Preparedness

- In conjunction with a City of Pembroke disaster exercise taking place next Wednesday, June 18th, we will be conducting a Code Green (evacuation) exercise with mock patients on the 2nd floor of Tower A.

Senior Leadership Team

- With many of our large renovation projects now nearing completion, we have now started the process to gain provincial approval for our next capital renovation project with a focus on the patient rooms on 2nd Floor Medical in Tower A, the staff locker room areas on 2nd floor and the lower loading dock. At this time a proposal has been submitted to the Ministry of Health and we are awaiting initial feedback.

Trillium Gift of Life (TGLN)

- For the month of May, TGLN received 13 notifications, with one moving forward to donate ocular tissues for research and education. Thank you to Caitlin Day from the Medical Unit for notifying TGLN as part of high-quality end-of-life care and allowing this family to honour their loved one's decision to donate.

While the other 12 notifications were not suitable donors, we know that every notification matters, and we would like to thank the following staff for allowing the opportunity for organ and/or tissue donation to be assessed:

Rebecca Brum Pearce (ED), Trina Roesler (3rd Medical), Damilola Adelami (3rd Medical), Morgan Liverance (3rd Medical), Brianne Vecchiola (ICU), Alyx Laterdresse (Resource Team), Kathryn Webb (ED), Caitlin Morrison (ICU), Michelle Perry (ED), Lily Lafont (3rd Medical) and Sarah Williams (ICU)

Departmental Updates

Emergency Department

- In response to patient feedback, our team has worked with Information Technology to revise our electronic check-in process at Triage making it more accessible and easier to use.

Human Resources

- Welcome to the team! Here is a list of those who joined us in May:

Matthew Green, Project Coordinator (Materials Management); Jody Timm, Storesperson (Materials Management); Rose Bennett, Digital Content Creator (Administration); Brooke Parks, Student (Physiotherapy); Trudi Wren (Quality Risk Management); Madeline Schizkoske, Clinical Extern (Emergency Department); Christine Gilmour, Clinical Extern (Rehabilitation); Cynthia Orina, Clinical Extern (Rehabilitation); Yidan Pei, Clinical Extern (Medical); Keira Bailey, Clinical Extern (Medical); William Dunlop, Student (Health Records); Ty Schilling, Student (Health Records); Justin Wrigglesworth, Student (Health Records); Sean Crozier, Director (Finance); Virginia Normille,

Today's Take-Aways Continued

HR Assistant (Human Resources); Adam Whiteman, MDR Technician (Medical Device Reprocessing); Bailey Tremback, Clinical Extern (Surgical); Michael Tennant, Student (Information Technology); Emma Peever, Student (Physiotherapy)

- We are very happy to see that more staff are testing out the new *Recharjme* wellness cabin located by the Foundation. To date, 225 people have registered on the app and 16 staff have already used it more than five times each. At yesterday's Skills Day, our HR team heard good feedback about the cabin and how a number of our staff who work nightshift find the light therapy aspect of its service helpful.

- We've had the first meeting of our relaunched Wellness Committee and are excited for a number of initiatives that have already been planned to launch in the coming weeks. This includes setting up a Wellness Board in the staff corridor on the 2nd floor of Tower A, along with an open invitation for staff to share photos showcasing how they practice "wellness." A variety of fun activities are also being planned. The group is eager to gather input from frontline and offsite staff to ensure that future activities are inclusive and accessible to everyone.

Infection Prevention and Control (IPAC)

- We are excited to announce that an IPAC SharePoint site has been created on the PRH Intranet which will offer an easy-to-use go to location for information like current masking requirements, outbreak details and reportable data.

Lab

- As the team prepares to get on board with our Epic implementation, they will also be investing in new equipment which will align well with Epic, the first of which is a new chemical analyzer which will likely be in place late summer or early fall of this year.

Maintenance

- Please note that a contractor will be painting lines in the Deacon Street parking lots where the Electric Vehicle (EV) charging stations are located on Thursday, June 12th starting at around 6 p.m. The chargers will be unavailable until the paint is dry. We regret the inconvenience and appreciate your understanding.

- Some external beautification has taken place in terms of the planting of new greenery and flowers in garden areas and planters throughout our complex. In the coming weeks, some internal work will also be done on beautification in some of our link areas and the atrium outside of Zone B.

In order to assist with the upkeep throughout summer months, we have also hired a summer student as a groundskeeper who will start June 30th.

Medical Affairs

- Please give a warm welcome to the newest members of our professional staff:
 - Dr. Joseph Brockman will be joining the Emergency Department on a locum basis starting on June 16th.

Pharmacy

- For the first time ever, the team hosted a high school co-op student for the semester that is just ending. The experience was enjoyed by all and the team is hopeful that having these opportunities may very well plant the seed for future recruitment potential.

Rehabilitation

- The unit is in the process of creating a Recreation Therapy position which will be a great addition to the team and will ensure our patients have a variety of programming that they can enjoy and benefit from.

Today's Take-Aways Continued

Spiritual Care

• Please note that a hospital mass will be held at 10 a.m. Thursday, June 19th in the Chapel with Fr. Chris Shalla who is the newly-assigned priest for PRH and other healthcare facilities in Pembroke. This will be the last mass until the fall, as traditionally, there are no masses during July and August.

Spiritual Care services will continue, however, including on-call Catholic priests and Protestant pastors, in addition to regular daytime coverage by the Spiritual Care Coordinator.



PRH Board Members Recognized

At Wednesday's Board meeting, PRH President and CEO Sabine Mersmann and Board Vice-Chair Dave Unrau took part in a couple of celebrations with Dr. Tom Hurley, left, retiring from the Board after nine years as Chief of Staff, and Daniel Burke, right, leaving the Board after serving nine years as Director.

Sheldon Reiche, Community Representative on the Board's Resource and Audit Committee was absent, but also recognized for his service of four years as he steps down.

Upcoming Recognition and Celebration Dates

June

National Indigenous History Month

Pride Month

Stroke Awareness Month

Father's Day – June 15

July

Canada Day – July 1

August

Civic Holiday - August 4

September

Labour Day - September 1

Grandparents Day - September 7

World Suicide Prevention Day - September 10

Air Ambulance Week - September 9-15

Environmental Services and Housekeeper
Appreciation Week - September 14-20



THANK YOU!

WE'D LIKE TO EXTEND A HEARTFELT THANK YOU TO ALL THE PHYSICIANS WHO GENEROUSLY GAVE THEIR TIME AND EXPERTISE AS CLINICAL PRECEPTORS DURING COMMUNITY WEEK. YOUR MENTORSHIP PLAYS A VITAL ROLE IN SHAPING THE NEXT GENERATION OF HEALTHCARE PROFESSIONALS, AND WE ARE SO GRATEFUL FOR YOUR SUPPORT:

DR. LEE, DR. LOWRY, DR. HANEY, DR. WILLIAMSON, DR. DE JESUS, DR. STEFANSKI, DR. WU, DR. ANTONESCU, DR. MATZINGER, DR. OFFIAH, DR. REDUCKA, DR. NIMBE, DR. FORFAR, DR. CORRIGAN, DR. LEAVEY, DR. ABUTU, DR. TIMPSON, DR. HURLEY, DR. BENOIT, DR. NEEDHAM, DR. ROY, DR. NEEDHAM NETHERCOTT, DR. CHANG, DR. ROWAN, DR. OKECHUKWU, DR. VIJAY, DR. SHOUGHARY, DR. MATHEW, DR. LANE, DR. KUTSCHKE, DR. BZDELL, DR. CANNIFF, DR. BEST, DR. WARD, DR. STEWART, DR. DUGGAN, DR. CAKAREVIC, DR. SUGENG, DR. FARAG, DR. GERUS, DR. LAVIGNE, DR. RENEHAN





Summer Is Here!

Join Us For Food & Fun
As PRH Celebrates With
A **Canada Day Themed**
Staff Appreciation BBQ
For All In The Cafeteria.



WEDNESDAY, JUNE 25, 11am-1:30pm

MENU: Hamburger or Chicken on a Bun (garnished to order), Coleslaw or Macaroni Salad, Water or Pop and an ice cream treat. Gluten free salad option will be available for those who need it and the entrees can be bunless.

Enjoy your meal in the cafeteria with co-workers and Magician Chris Pilsworth from Ottawa.
His Walk Around Illusions And Magic Tricks Will Amaze - 11:15 a.m. - 1:15 p.m.

A limited number of pre-order time slots will **ONLY** be available for **LARGE** groups (10+) with pickup times in 15 min. increments between 11 a.m. and 1:15 p.m. on a first-come, first-serve basis.

Please send pre-orders to pr@prh.ca by June 19th specifying the # of burgers or chicken and your preferred time. Everyone else should pick up individually or at most for a couple of co-workers to help keep the line moving.

 Wear
Red &
White

THE LUNCH BOX WILL BE OPEN FOR DINNER FOR EVENING STAFF FROM 4-6 P.M.
PACKAGED BURGER MEALS WILL BE DELIVERED TO UNITS FOR NIGHT STAFF.
STAFF WHO WORK OFFSITE ARE INVITED TO DROP BY FOR LUNCH - TAKEOUT AVAILABLE,
OR MANAGERS ARE WELCOME TO ARRANGE A SIMILAR MEAL FOR OFFSITE STAFF.

 Give
A
Way

June's PRH Staff Association Treat Day

Featuring A Small Cup (3 scoops) Of Gelato

Tuesday. June 24th. 12-4 p.m.

The Lunch Box (cafeteria)



Farmstead Cheesehouse is located at 2545 Greenwood Rd.

Their specialty is small batch artisan cheeses made on farms in Ontario and Quebec, locally roasted coffee done the way you like, and authentic Italian gelato.

While supplies last, you will have a choice of up to three flavours:

Fruity Sorbets - Gluten Free and Dairy-Free:
Strawberry/Rhubarb or Mango

Milk-based Gelato (all Gluten Free):
salted caramel, café latté, sea salt dark chocolate or mint stracciatella
(made with fresh mint from the garden with crunchy chocolate bits)

Please note that,
given the format of this month's Treat Day,
pre-orders **WILL NOT** be required.

Instead, staff are invited to pick up their
gelato anytime during the four-hour
distribution window.

Please note that in order to ensure faster
service, there will be no flavour sampling.



In Case You Missed It - Highlights From Sabine's Messages

A great deal of interest was expressed in the frontline staff positions for the re-launch of our PRH Wellness Committee. With around 15 names put forward for four spots it's wonderful to see that there's enthusiasm and interest in workplace wellness and what more we can be doing for the good of our entire health care team!

A Vision For Future Collaboration With Renfrew Victoria Hospital

Recently, I had a great meeting with Suzanne Madore, the new President and CEO of Renfrew Victoria Hospital. Suzanne and I have known each other for some time and it was great to be able to have a conversation about our two hospitals and how we can work together for the good of our residents. I anticipate a great working relationship and continued conversation about how we can collaborate on service delivery that maximizes both of our strengths.



Accolades For The Pembroke Family Medicine Teaching Unit

Thanks to an invite from Dr. Richard Johnson, I had an opportunity to meet Dr. William Hogg, Interim Chair of the University of Ottawa's Department of Family Medicine as part of Dr. Hogg's first onsite visit to the Pembroke Family Medicine Teaching Unit in this capacity.

Saying that he came to see the "poster child" of the program, Dr. Hogg spoke very highly of Resident program and acknowledged that it has garnered an incredible reputation because of the physician preceptors including Dr. Johnson and all at PRH who support and welcome the Residents into our hospital.

On a side note, I was also thrilled to hear that Dr. Todd Gauthier received the University's Clinical Preceptor of the Year Award as part of a presentation that took place June 9th. My congratulations to him for this recognition and to the entire PFMTU team for their continued work with the learners.

A Very Successful Community Week for Students from Queen's and Ottawa U

As part of two back to back Community Weeks for a total of 26 first-year Medical Students from Queen's University and the University of Ottawa, a University who spent this past week us, I was thrilled to join them at Anthony's Italian Grill in downtown Pembroke, accompanied by Gary Serviss (Mayor of Petawawa), Ron Gervais (Pembroke Mayor) and Laurentian Valley Mayor Steve Bennett for two special group dinners.

During each session there was no shortage of conversation and the students shared with all of us how welcome they have felt, not only by our hospital community, but by the community at large. They also spoke to the value of the experience and how some could see themselves coming to our region to practice, whether that be on a full time basis, locum, or offering clinics if they go into a specialty.

Our municipal partners also found the conversation to be enlightening in terms of learning what medical professionals are seeking when they search for practice opportunities and what kind of lifestyle features they may want to know more about.

In terms of our hospital experience, the students told me that they were impressed by the amount of experience they gained from all of the preceptors who showed great patience and enthusiasm with the learners as well as the friendliness of all they encountered.

I want to thank everyone who had a hand in making both week-long Community Week programs a success. I recognize that it's a lot of work but clearly, as a recruitment tool for our region, it stands to have great impact! In particular, I would like to recognize the work of Katie Hollahan and Terra Bouliane from Medical Affairs who have both done an incredible amount of work to put this initiative together.

In fact, many of the students mentioned them in their exit survey in terms of how extremely helpful, organized and supportive both were throughout the weeks!

RVH Report Released

I wanted to take a moment to share an important update regarding our colleagues at Renfrew Victoria Hospital, following the June 5th release of the final report from their provincially appointed supervisor.

As you may recall, in June 2024, a supervisor was brought in to address serious concerns about financial practices at RVH, particularly those involving a related entity called Renfrew Health (RH). What began as questions about fund transfers, quickly uncovered a broader pattern of irregularities tied to former leadership - most notably, practices in regards to executive compensation and personal expenses.

Despite these challenges, the report highlights the strength and dedication of RVH's current staff and physicians.

The hospital has maintained high standards of care throughout, and the new leadership team has been instrumental in driving a turnaround. Key steps have already been taken: RH is being dissolved, funds have been repatriated, a new CEO, Suzanne Madore, has been appointed, and governance structures have been overhauled to ensure transparency and accountability moving forward.

This situation serves as a powerful reminder of the importance of strong governance, transparency, and the courage to ask difficult questions. It also reinforces the resilience of healthcare teams in the face of adversity.

As health care professionals, let's continue to support one another, stay informed, and uphold a culture of transparency and excellence in everything we do.

Celebrating Dr. Tom Hurley After Nine Years Serving As Chief Of Staff

On June 5th, members of our Board, our leadership team and Medical Advisory Committee joined Dr. Tom Hurley for dinner at Anthony's Italian Grill as we celebrated his accomplishments in the role of Chief of Staff over the past nine years.

As you know, Dr. Declan Rowan will take over as Chief of Staff effective July 1.

Everyone shared anecdotes about Dr. Hurley, ranging from funny and serious to personal and professional. It made for a great evening with good company and a delicious meal.

It was incredible to see how many lives Dr. Hurley has touched in so many ways over his years in leadership and as a physician in the Emergency Department. The deep appreciation for his contributions was highlighted by everyone in the room. Between now and the end of June, we will have a few more opportunities to recognize and celebrate Tom for his great work.

Recognizing Pride and Indigenous History Month

With June already upon us, members of our Equity, Diversity and Inclusion Committee are in the process of finalizing a calendar of activities that will mark, recognize and celebrate both Pride and Indigenous History Month.

This will include the sharing of educational resources, some special meal and treat options in partnership with Food Services, a "Rainbow" day, a hospital-sponsored complimentary treat day, and possibly some guest speakers.

Save The Date For Our Annual Staff Appreciation, Canada Day Themed BBQ

It's time to mark June 25th on your calendars as this year's date for our Canada Day themed Staff Appreciation BBQ! Once again, we will have our event sponsored by Harvey's in partnership with our Food Services team.

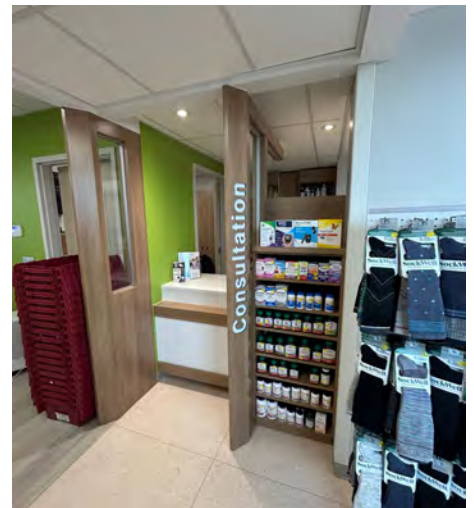
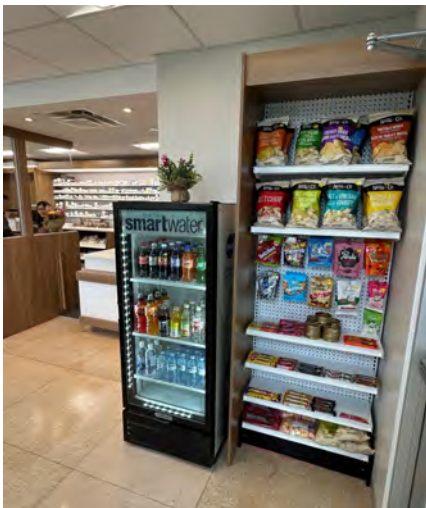
This will be a great opportunity to kick off the summer, enjoy a great meal with co-workers and also enjoy a few surprises! Check out the poster in circulation for more details.

Celebrating Mulvihill Drug Mart's Move-In!

Our Senior Leadership team stopped by the new location of Mulvihill Drug Mart in Tower C to drop off some celebratory flowers for this week's opening as they welcomed customers into their new space.

With their move now complete, we are excited to see Phase 2 of the Main Entrance project get underway so that we can also get the Auxiliary's Gift Shop into their new and expanded space.

Be sure to stop by sometime and take a look at how bright, modern, accessible and welcoming Mulvihill Drug Mart is now.



National Indigenous History Month



June 2025



**Pembroke Regional
Hospital Is Proud To
Recognize and Celebrate
Our Indigenous
Community**



PRH Food Service Presents

National Indigenous History Month Inspired Menu Items



**June 20th
Three Sisters Soup with
Rosemary Focaccia Bread**

**June 23rd
Strawberry Rhubarb paired
with vanilla ice cream**



PRIDE MONTH

June 2025

Celebrating and supporting
those in The LGBTQ2S+
Community.



PRIDE



RAINBOW DAY

June 18th, 2025

Wear rainbow colours.
Email your group photos
and selfies to pr@prh.ca

Pride stickers available in
the cafeteria and the
Mural Cafe.

Enjoy a complimentary rainbow
sprinkle donut & coffee
11 a.m.-1 p.m. in the cafeteria
Donut deliveries for offsite and
evenings/nights



CELEBRATIONS

To include a special message in this section, email celebration&recognition@prh.ca.

- Thank you to **Paula Adshade** for all the admin work and support in putting together the fun nursing video - much appreciated! *Heather*

- Thank you to **Naomi B** for all the support in putting together various data slides around OR utilization and efficiencies - much appreciated! *Heather*

- Thank you to **Vanessa Lee (OR RN)** who put together a distraction box for children. Distraction boxes include a lot of various trinkets and toys that help calm and distract the child when being prepared for surgery. CHEO provided us with one, but Vanessa put another one together so that both Day Surgery and Recovery areas could have - thank you! *Heather*

- In May, a group of **ED/ICU staff** re-certified in Advanced Cardiovascular Life Support (ACLS), refreshing their skills in a variety of life-saving scenarios. Congratulations team for keeping the qualifications up to date! *Erin*

- “Hi Grace, I wanted to send you a quick note to thank you for your support during the call yesterday regarding the methotrexate changes.

I am extremely grateful for your leadership, willingness to make changes, and how proactive you (and the **entire PRH Pharmacy staff**) are being at this stage of the project.

You are a champion for change, best practice and I think it is very valuable for the other stakeholders to hear how you’ve been able to make some of these changes with minimal impact.

You are an ally for our team and I appreciate it so much.”

Alyssa Dalton, Clinical Pharmacist, Willow Analyst - Atlas Alliance Epic Digital Solutions Delivery and Support, The Ottawa Hospital

- Katie Hollahan celebrated **Ayla Dery** for her help with an ICU physician who needed assistance with our HIS. Thank you for your support. Katie said the physician was very appreciative. *Sabine*

- I want to take a moment to recognize **Paula Adshade from Clinical Administration** for her outstanding contributions to the education team. Recently, we have faced numerous projects that involved printing, creating teaching materials, booking rooms, significant email correspondence, and updating procedures. Paula has played a crucial role in streamlining these processes, making suggestions for improvement, and ensuring that our routine courses run smoothly by assisting with attendance tracking and staff crediting in the e-learning system. Her support has been invaluable to our success. Thanks, from *Erin and Caroline!*

- Carolyn Levesque celebrated **Ralph Hatem and Julia Reddy** for their help with a scheduled video shoot for the EDI committee’s Inclusion video when she was off sick, noting that they stepped in to help with short notice so that it could go ahead. Thank you for all of your support! *Sabine*

- I would to celebrate **Damilola Adelami**. Thank you for being the kind of nurse who brings heart to every task and compassion to every patient. Your hard work does not go unnoticed. *Dr. Reducka*

- Scott Coombes, Sean Crozier and Sabine Mersmann celebrated **Erin Broome, Amber Bulmer, Bradley Switzer and John Wren from Finance** for their tremendous support and efforts during the hospital’s year-end audit process.

“During the last Resource & Audit Committee and Board meetings where the financial statements were approved by our Board, the PRH Finance team received very positive feedback from the lead partner at KPMG. He commented on the team’s high quality of work and good communication which helped the audit to go smoothly this year. Thank you so much for all your efforts and commitment in providing quality financial information and disclosure for PRH!”



CELEBRATIONS

Did you know that May was Speech & Hearing Month? This year's theme was "Speech Language Pathologists and audiologists: doing more than you think" to highlight the many roles SLPs have.

In our hospital, Tina Childs is a very valuable hospital team member, as she covers every single unit. In hospital, her role is to assess and treat patients who have difficulty swallowing or communicating.

She also sees outpatients for consults in Diagnostic Imaging. She works closely with the Food Services team as well as the Rehab team, hospitalists and physicians to ensure patients can safely hydrate and get nutrition, in addition to her role in helping patients with communication.

This year, Tina has been busy passing on her knowledge to students. Pictured at the right are Tina and SLP student Nathan.



• Congratulations to Braeden Bolt, RN, ED for completing the PRH Critical Care Orientation (CCO) Program for the Emergency Department!

Here's what Braeden had to say about his transition to ED:

"I've learned so much. Having access to the CCO modules 24/7 really helped. The staff have been so welcoming, positive and willing to help!" From Erin and Kaley

Hosted by Clinical Education

SKILLS DAY

June 11th

Rehab Dining Room

1000-1500

Line up:

- Chest Tubes
- CVAD Station
- Zoll Pad Application
- NEW! Delirium Guides
- HR Nursing Wellness
- Wound Care
- PUMP review
- Restraint Application
- Dietician Education
- HR relaxation Station

Special Guest: Brooklyn Scott (OHI Educator)
Rebecca Marcoux (Regional Critical Care Educator)

Don't miss your chance to get signed off for your Safe Client Handling! Refresher Training will be available

For more information:
caroline.froment@prh.ca/ext 6320

Sabine Mersmann stopped by the Rehab Dining Room yesterday to experience *Skills Day* first hand and thank all who were involved in the planning of this great and well-attended event. Over 90 staff, both clinical and non-clinical, as well as physicians took part. It should be noted that the cotton candy machine was a huge draw!

Check out the next couple of pages for event photos!









As we journey towards Epic implementation, you will begin to see regular and increasing communications about the work that is being done and how it may impact your role at PRH.

Imprivata single sign-on will be gradually installed department by department over the next 6 months.



Most of our clinical staff are already familiar with Imprivata. It's currently used on all med carts and dictation workstations. Going forward, these "tap" sign in pads will be at all staff workstations.

This means that when a user "taps in", the computer itself will log in as the user instead of a generic user. This is a more secure system and as a result, there is less risk of users having their account open on a workstation for others to use. This also allows staff to secure a workstation by "tapping" out.

As we prepare for the arrival of *Epic*, we will be adding tap access to all clinical computers!

The benefits?

Single Sign-On (SSO): Allows users to access multiple applications with one set of credentials, enhancing security and efficiency.

Multi-Factor Authentication: Ensures that users verify their identity through additional methods beyond just a password.

Secure Access to Applications: Provides fast and secure access to shared devices and applications, improving productivity and reducing cyber risks.

Also, by logging into the desktop as the user, they will have access to SharePoint and their email without having to log in again.

Coming soon to your department...*Epic* huddles!

In order to ensure everyone is kept informed about *Epic*-related work while also ensuring that regular huddle work and improvements can continue, all departments will be launching *Epic*-specific huddles in the coming weeks.

Communication Template Developed For Working Groups

As you can imagine, there is a lot of information being shared at the Working Group level, even this early in the *Epic* implementation journey.

In order to have a standardized way of capturing key messages and determining how these should be shared and with which audiences, a communications template has been created.

We will be working on ensuring that all information is shared appropriately and in a timely, consistent manner and this is just one of the ways that we will be doing this.

Foundation News

Pembroke Regional
Hospital Foundation



Fondation de l'Hôpital
Régional de Pembroke

Presented By

OK TIRE

Catch
the Ace



PROGRESSIVE LOTTERY

Returning June 18th!

Frelly Bangloy, Surgical/3rd Medical

"I am writing to all of the wonderful people who cared for me, helped me, answered all my questions, kept me safe and truly looked after me before, during and after my knee replacement surgery on April 14th. All of the nurses and medical staff on the floor were so lovely and kind! I felt comfortable and very well looked after. All the OR doctors, internists, nurses and the anesthesiologist took the time to learn about my muscular disease so that everything could go smoothly. From the bottom of my heart, thank you all so very much for all you did for me! I will never forget any of you!"



Cody Ranger, 3rd Medical

"Thank you for taking the time to consider the whole person, and embody the idea that holistic care includes family. Your thoughtful tips and knowledge helped ease our sudden diagnosis."



Ashley McKeown, Patient Support

"Thank you for helping in assisting Pastoral Care staff."



Dr. Lyndsay Lane and Jayden Neville, RPN

"I'm nominating my RPN and Dr. Lane as Guardian Angels because these women embody the light and love that God places in our lives through others. Each month, Jayden gives me my B12 shot, but her care goes far beyond that. Her comforting presence, encouragement and unwavering support remind me that I am never alone - God is working through her. These ladies are truly a blessing in my life, and I thank God for them often. Signed, your B12 Girl."



Do you know someone who is fighting a cancer diagnosis or is a cancer survivor? If so, please consider purchasing this book,
70 Layers of Life, a fundraiser for our hospital's
Cancer Care Unit.

Books can be purchased at the PRH Foundation office,
Hugli's Blueberry Ranch or the Pronto Store in Beachburg.
Thanks to local author Dawn Dube for her generosity and to
everyone who has purchased a book in support of cancer care.

Proceeds support
the PRH
Cancer Care Unit

70 LAYERS OF LIFE

A collection of
poems by local
author Dawn Dube

Books are \$25 each

Available for purchase at:

- PRH Foundation Office
- Hugli's Blueberry Ranch
- Beachburg Pronto

Thank you for supporting local cancer care!

CONSTRUCTION CORNER

Tower A:

- *Cancer Care Project:* We are working through humidity issues with Engineering Air.
- *Surgical Day Care Project:* Work is progressing well on the 1st floor and the rooms are expected to be completed by the middle of July. The drywall, ceiling grid, tiles and doors were all installed and the rooms have been painted. The electricians are installing the lighting fixtures and the receptacles.
- Sanitary drain pipes were replaced in the A130 Physician Charting Room and in the ICU Staff Locker Room. A130 was also painted.

Tower B:

- The Mamo office, locker room and waiting room were painted.
- A wider door was installed in the Echo room.

Tower C:

- *Main Entrance Project:* Mulvihill Drug Mart moved into their bright new space on Friday, June 6th. On the same day, the SP+ parking office also moved from C004 to their new location in C018 next to the elevator. The next phase of the renovations will be starting on June 16 and will involve work on the entrance door and in the former drug mart space which will house the Auxiliary's Gift Shop.
- All the new equipment was installed in the Dialysis Unit's new Reverse Osmosis (a type of water filtration system) room. The electrical and communication wiring were completed. The Ship ladder (ladder at an acute angle steeper than stairs) for access to the Mezzanine floor had to be removed and an alternate access will be from a new door to be installed in the back of the C142 Boardroom. The equipment supplier will be on site on June 23rd to start the commissioning process which is expected to take 3-4 weeks before the old equipment can be removed from service.

Tower D:

- *Medical Day Care Project:* The baseboards were installed and we are waiting on a few doors and hardware. The glass was replaced in the waiting room wall. We are working though ceiling air diffuser noise issues within the main clinical space.

GovDeals[®]
A Liquidity Services Marketplace



**Our hospital sells surplus items on
GovDeals.ca.
Check it out to find great deals.**



S&A New Employee Self Service (QSS) Module

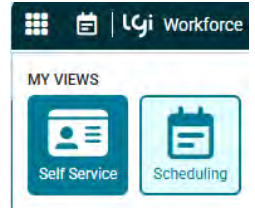
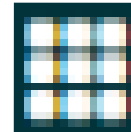
We are pleased to announce the launch of our new Employee Self Service Module, integrated directly into S&A. This enhanced feature allows you to edit your personal contact information, and view your Pay Statements, Benefit Banks, and Tax Slips.

Quick Start

Once logged in to the application, the default page is the Dashboard of the Self Service view.

Changing View

To change the application View, click on the bento menu in the top left corner of the application.



Self Service

To update your personal contact information, click on your initials at the top right corner of your screen and select **My profile**.

Select the dollar \$ sign to view your Pay Statements, Benefit Banks and Tax Slips



A link to **Legacy Employee Self Service (QSS)** is available next to your user initials located at the top right corner of your screen.

Celebrating Some Of Our Auxiliary Members

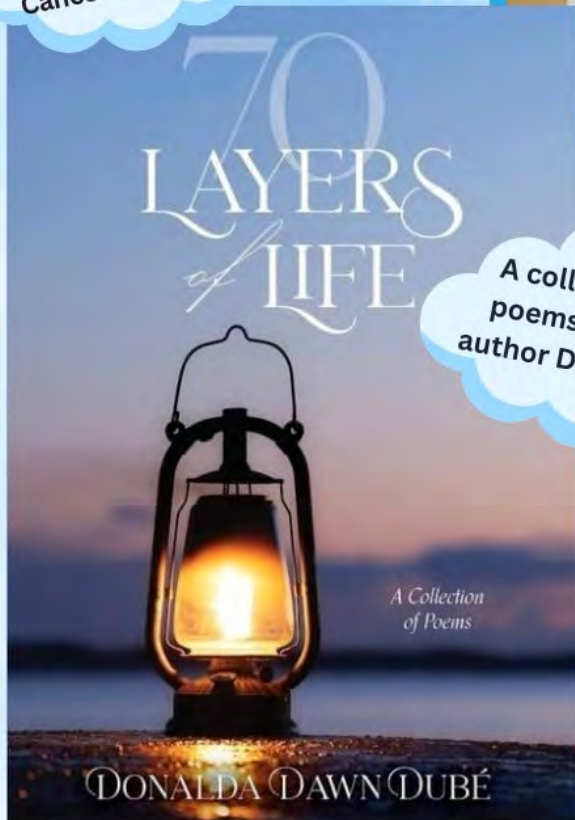
A couple of our Auxiliary members weren't able to attend our Volunteer Appreciation Dinner on May 13th so they have recently received their long service recognition.

Below left, PRH President and CEO Sabine Mersmann, left, and Auxiliary President Diana Gagne presented Eleanor Boire with recognition for 20 years of service achieved in 2024.

Below right, Auxiliary Gift Shop Manager Brenda Long presented Claire Cotnam with recognition for 30 years of service achieved in 2024 as well as an Auxiliary Life Membership. Congratulations to both!



Proceeds support
the PRH
Cancer Care Unit



A collection of
poems by local
author Dawn Dube



Books are \$25 each

Available for purchase at:

- PRH Foundation Office
- Hugli's Blueberry Ranch
- Beachburg Pronto

Thank you for supporting local cancer care!

FATHER'S DAY SALE

20% OFF

REGULAR PRICED MERCHANDISE

(PLUS, REGULAR DISCOUNT IN EFFECT)

JUNE 9TH TO 22ND

PRH SUNSHINE GIFT SHOP

June is Stroke Awareness Month



Know the signs of STROKE

F

Face

is it drooping?

A

Arms

can you raise both?

S

Speech

is it slurred or jumbled?

T

Time

to call 9-1-1

Beat stroke, call 9-1-1 FAST

TAKE AN ENERGIZING BREAK

Enjoy a moment of relaxation in the **Recharjme** cabin,
compliments of **Pembroke Regional Hospital**.

An immersive and revitalizing experience awaits you.
Reenergize in a soundproof cabin equipped with a heated,
vibrating, zero-gravity chair, light therapy, and relaxation
programs designed for ultimate comfort.



Enjoy a break...

Massage Chair

Light Therapy

Nap

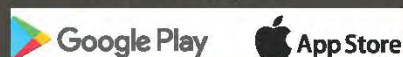
Meditation



Free to use
for all
staff.

Service available
in the corridor
beside the
Foundation office -
1st floor in tower A

1. Download the free
mobile app on



2. Scan QR code on outside of
the cabin to start registration.



3. Book a session on the
mobile app



SHOP.TICKETS.TRAVEL.



Show me the **perks**



Register to get access to **5,000+ exclusive perks**

How to Register

- 1 Scan to go to perkopolis.com
- 2 Enter your corporate email address
- 3 Look for an email from us with a link to complete your registration.



Save on everyday purchases and so much more

Your employer has partnered with Perkopolis, so you can save more on everything from clothes and groceries, to events and travel. This perks program is free for you, so start enjoying members-only offers today.

WESTJET

CINEPLEX

SAMSUNG



HELLO FRESH

AVIS

Lenovo



IHG HOTELS & RESORTS

Vitamix